

Confirmation Parent/Adult Catechesis 2:2

What Is Holiness?

“We know that all things work together for good for those who love God, who are called according to his purpose. For those whom he foreknew he also predestined to be conformed to the image of his Son, in order that he might be the firstborn within a large family.”

Romans 8:28–29

Reflect in quiet about what it means for you to be made in the image of Jesus. Share your thoughts with a partner or in the small group.

“Indeed He sent the Holy Spirit upon all men that He might move them inwardly to love God with their whole heart and their whole soul, with all their mind and all their strength and that they might love each other as Christ loves them. The followers of Christ are called by God, not because of their works, but according to His own purpose and grace. They are justified in the Lord Jesus, because in the baptism of faith they truly become sons of God and sharers in the divine nature. In this way they are really made holy. Then too, by God’s gift, they must hold on to and complete in their lives this holiness they have received. They are warned by the Apostle to live ‘as becomes saints’ and to put on ‘as God’s chosen ones, holy and beloved a heart of mercy, kindness, humility, meekness, patience,’ and to possess the fruit of the Spirit in holiness. Since truly we all offend in many things we all need God’s mercies continually and we all must daily pray: ‘Forgive us our debts.’”

Constitution on the Church in the Modern World, 40:2

What does this document say about the essence of holiness?

“The way of perfection passes by the way of the Cross.”

Catechism of the Catholic Church, 2015

In what ways does the call to holiness cause a person to experience the suffering of the Cross?
