

Name _____



Praying with Creation

The *Catechism of the Catholic Church* describes prayer as “the raising of one’s mind and heart to God” (CCC, 2559). One way to raise our minds and hearts to God is by recognizing his presence in the wonder of creation.

Imagine being in a peaceful outdoor setting. Describe your setting, then write about how it helps you recognize God’s presence and raise your mind and heart to him in prayer. Follow this with a short prayer that you might pray in your outdoor setting.

My Outdoor Setting: _____

How It Helps Me to Pray: _____

My Prayer:

