

Name _____

✝ Praying with the Five Finger Prayer

The Scripture passage about Jesus curing ten lepers teaches us that we should not forget to pray. An easy way to remember to pray daily is with the Five Finger Prayer. Here's how to pray it.

Thumb Pray for those closest to your heart, your loved ones.

Index finger Pray for those who teach and guide you.

Tallest finger Pray for those who lead and govern.

Ring finger Pray for those who are weak, sick, or in trouble.

Smallest finger Pray for yourself.

For each finger, write the name or names of those for whom you'll pray. Inside the hand, write a prayer for one or more of the people you named.

