

# Candidate Retreat

## Gifts of the Holy Spirit Hand Fans

Below is a list of the Gifts of the Holy Spirit and their meanings from the morning prayer of Saint Bonaventure:

The spirit of **wisdom** enables us to relish the fruit of the tree of life.

The gift of **understanding** enlightens our perceptions.

The gift of **prudence** enables us to follow in your footsteps.

The gift of **strength** enables us to withstand our adversary's onslaught.

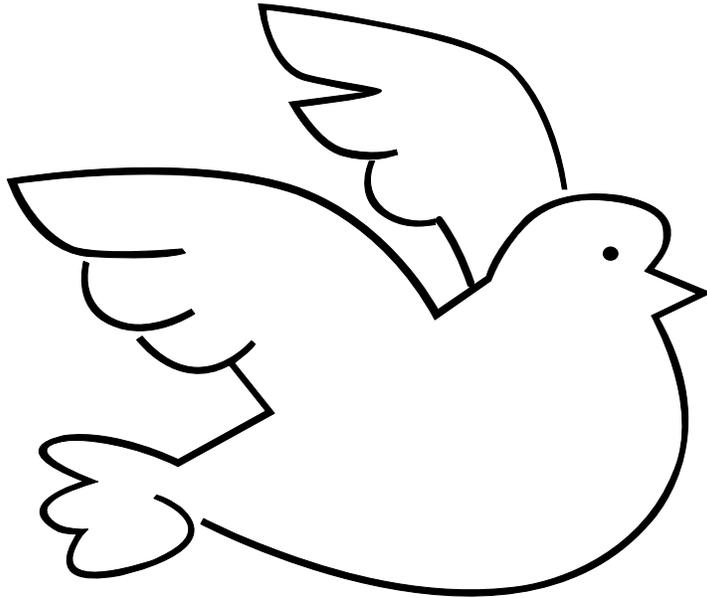
The gift of **knowledge** enables us to distinguish good from evil by the light of thy holy teaching.

The gift of **piety** clothes us with charity and mercy.

The gift of **fear of the Lord** enables us to withdraw from all ill-doing and live in awe of God's eternal majesty.

**Instructions:** First cut out the flame outline on the next page. Trace it onto the red poster paper seven times. Next, cut out the seven flames from the red poster paper. Using markers, print the seven Gifts of the Holy Spirit, one on each paper-flame. On the reverse side of the flame, write the meaning of that gift. Punch a hole in the center of the bottom and the center of the top of each flame. Stack the flames together, and place a metal fastener through the bottom holes. Fan out the flames and weave a string across the tops of the flames through the holes. Repeat the same procedure for a Dove Hand Fan on white poster paper.

**Gifts of the Holy Spirit Hand Fans** (continued)



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## Fruits of the Spirit:

1. Love
2. Joy
3. Peace
4. Patience
5. Kindness
6. Goodness
7. Generosity
8. Gentleness
9. Faithfulness
10. Modesty
11. Self-Control
12. Chastity

“..., the fruit of the Spirit is love, joy, peace, patience, kindness, generosity, faithfulness, gentleness, and self-control. There is no law against such things. And those who belong to Christ Jesus have crucified the flesh with its passions and desires. If we live by the Spirit, let us also be guided by the Spirit. Let us not become conceited, competing against one another, envying one another.” (*Galatians 5:22-26*)

Here is a guide for writing Cinquain poetry. Usually there are five lines:

First Line—One word title

Second Line—Two words describing the title

Third Line—Three action words for the title

Fourth Line—A phrase about the title

Fifth Line—One word synonym to restate the title